# **Summary of Measures**

**Measured once at screening/intake**

* Demographics
* Alcohol Use History
* DSM-5 Checklist
* Young Adult Alcohol Problems Test
* Symptom Checklist-90-Revised
* Intolerance of Uncertainty Scale
* Anxiety Sensitivity Index
* Distress Tolerance Questionnaire
* McMaster Family Assessment Device
* Multidimensional Personality Questionnaire

**Measured monthly**

* Penn Alcohol Craving Scale
* Alcohol Abstinence Self-Efficacy Scale
* Monthly Addiction Monitor
* WHO-The Alcohol, Smoking and Substance Involvement Screening Test
* Depression Anxiety Stress Scale-21
* Perceived Stress Scale
* Quality of Life Questions
* Dyadic Adjustment Scale
* Multidimensional Scale of Perceived Social Support

**“Densely” sampled**

* 4x Daily Ecological Momentary Assessment Survey
* 1x Daily 15-30 sec. Audio Survey via voice note messaging
* Phone Call Logs (Incoming and Outgoing)
* Text Message Logs (Incoming and Outgoing)
* Text Message Content (Incoming and Outgoing)
* GPS Location via MOVES
* Sleep Quality via Beddit Sleep Tracker
* Movement (Accelerometer) via Empatica wristband
* Heart Rate via Empatica wristband
* Galvanic Skin Response (GSR) via Empatica wristband
* Skin Temperature via Empatica wristband
* Date, Day, Time